



Topic II

Social-Emotional Development

Self

Professional Development Session

FORMAT: Mixed model, 2 hour interactive session

Prior to the session: Read selected state publication pages, articles and handouts; view PowerPoints and streaming video. During the session: Engage in discussion and group work.

Early learning deeply engages the self. Most preschool children approach learning opportunities with enthusiasm and self-confidence, excited by the prospect of new discovery. In a preschool program, learning is a social activity. Therefore, preschool children's success in learning depends on their capacities to understand and participate constructively in the social environment (*California Preschool Curriculum Framework, Volume 1*). Prior to the session, participants read selections from state publications, access and read the articles and handouts, and view presentations and streaming videos. During the interactive session, participants develop a job aid to use when visiting programs to assist in focusing on critical elements of good practice.

Resources:



STATE PUBLICATION

California Preschool Learning Foundations, Volume 1, pp. 6-10 and pp. 21-26
California Preschool Curriculum Framework, Volume 1, pp. 45-61



ARTICLES

"Teaching Children a Vocabulary for Emotions" (NAEYC)
"Self-Regulation: A Cornerstone of Early Childhood Development" (NAEYC)



POWERPOINT

"Self-Regulation" (Ross Thompson)
"PLF in Social-Emotional Development—Self-Regulation" (CPIN)



HANDOUTS

"What You Think of Me?" quote (CPIN)
"Words of Encouragement" wall chart (CPIN)
"Some Starters for Giving Positive Feedback" (CSEFEL)
"How Can You Create a Learning Environment That Respects Diversity?" (NYSAEYC)
"My Tummy is Fatter than Yours" (Early Childhood Today)
"Six Stages to a Strong Self-Image" (Stanley Greenspan)
"50 Multicultural Books Every Child Should Know" (Cooperative Children's Book Center)
"Program Guidelines" (adapted from the *Prekindergarten Learning and Development Guidelines*)



STREAMING VIDEO

"Social and Emotional Development —Developing Brain, Influence of Early Childhood Stress" (Ross Thompson)